

SYMPTOM TRACKER

This interactive symptom tracker can help you keep track of your symptoms. You can fill it out and email your doctor, or print a few sheets and fill them out by hand to bring to your next doctor's appointment. If you notice any changes in your health, let your doctor know right away.

DATE: / / Record your symptoms every day

 WEIGHT	<p>Weigh yourself each morning at the same time. <i>If you notice you've gained 3 or more pounds in 1 day, call your doctor right away.</i></p> <p style="text-align: right;">_____ LBS.</p>				
 FEELING TIRED	NONE	BETTER	SAME	WORSE	NEW
 SWELLING	NONE	BETTER	SAME	WORSE	NEW
 COUGHING	NONE	BETTER	SAME	WORSE	NEW
 SHORTNESS OF BREATH	NONE	BETTER	SAME	WORSE	NEW

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Fill this out and bring it to your next doctor's appointment, along with a Doctor Discussion Guide®, which you can download at ENTRESTO.com/drguide. Please see Important Facts About ENTRESTO® on last page.

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IMPORTANT FACTS ABOUT ENTRESTO®

What is the most important information I should know about ENTRESTO?

ENTRESTO can harm or cause death to your unborn baby. Talk to your doctor about other ways to treat heart failure if you plan to become pregnant. Tell your doctor right away if you become pregnant during treatment with ENTRESTO.

WHAT IS ENTRESTO?

ENTRESTO is a prescription medicine used to treat adults with long-lasting (chronic) heart failure to help reduce the risk of death and hospitalization. ENTRESTO works better when the heart cannot pump a normal amount of blood to the body. It is also used to treat certain children 1 year of age and older who have symptomatic heart failure.

It is not known if ENTRESTO is safe and effective in children under 1 year of age.

Do not take ENTRESTO if you:

- are allergic to any of the ingredients in ENTRESTO.
- have had an allergic reaction including swelling of your face, lips, tongue, throat (angioedema), or trouble breathing while taking a type of medicine called an angiotensin-converting enzyme (ACE) inhibitor or angiotensin II receptor blocker (ARB).
- take an ACE inhibitor medicine. **Do not take ENTRESTO for at least 36 hours before or after you take an ACE inhibitor medicine.** Talk with your doctor or pharmacist before taking ENTRESTO if you are not sure if you take an ACE inhibitor medicine.
- have diabetes and take a medicine that contains aliskiren.

Before you take ENTRESTO, tell your doctor about all of your medical conditions, including if you:

- have a history of hereditary angioedema
- have kidney or liver problems
- have diabetes
- are pregnant or plan to become pregnant. See **“What is the most important information I should know about ENTRESTO?”**
- are breastfeeding or plan to breastfeed. It is not known if ENTRESTO passes into your breast milk. You should not breastfeed during treatment with ENTRESTO. You and your doctor should decide if you will take ENTRESTO or breastfeed

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Using ENTRESTO with certain other medicines may affect each other. Using ENTRESTO with other medicines can cause serious side effects. Especially tell your doctor if you take potassium supplements or a salt substitute; nonsteroidal anti-inflammatory drugs (NSAIDs); lithium; or other medicines for high blood pressure or heart problems such as an ACE inhibitor, ARB, or aliskiren. Keep a list of your medicines to show your doctor and pharmacist when you get a new medicine.

What are the possible side effects of ENTRESTO?

ENTRESTO may cause serious side effects including:

- See **“What is the most important information I should know about ENTRESTO?”**
- **Serious allergic reactions causing swelling of your face, lips, tongue, and throat (angioedema) that may cause trouble breathing and death.** Get emergency medical help right away if you have symptoms of angioedema or trouble breathing. Do not take ENTRESTO again if you have had angioedema during treatment with ENTRESTO.
- People who are Black and take ENTRESTO may have a higher risk of having angioedema than people who are not Black and take ENTRESTO.
- People who have had angioedema before taking ENTRESTO may have a higher risk of having angioedema than people who have not had angioedema before taking ENTRESTO. See **“Do not take ENTRESTO if you:”**
- **Low blood pressure (hypotension).** Low blood pressure is common during treatment with ENTRESTO. Your risk of low blood pressure is greater if you also take water pills (diuretics). Call your doctor if you become dizzy or lightheaded, or you develop extreme tiredness (fatigue).
- **Kidney problems.** Kidney problems are common during treatment with ENTRESTO and can be serious and can lead to kidney failure. Your doctor will check your kidney function during your treatment with ENTRESTO.
- **Increased amount of potassium in your blood (hyperkalemia).** Increased blood potassium levels are common during treatment with ENTRESTO. Your doctor will check your potassium blood level during your treatment with ENTRESTO.

The most common side effects also include cough and dizziness.

Your doctor may need to lower your dose, temporarily stop treatment, or permanently stop treatment if you develop certain side effects or if you have changes in your kidney function or increased blood levels of potassium during treatment with ENTRESTO.

These are not all the possible side effects of ENTRESTO. Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

This information is not comprehensive. To learn more, talk to your health care provider or pharmacist, visit www.entresto.com to obtain the FDA-approved product labeling, or call 1-888-ENTRESTO.

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