



Entresto<sup>®</sup>  
(sacubitril/valsartan) tablets

24/26mg • 49/51mg • 97/103mg

# MY MEDICATIONS AND HEALTH TRACKER

Please [click here](#) for full Prescribing Information,  
including **Boxed WARNING**.

# Medication List

You may work with your health care professional to complete the form below and list all medications you've been prescribed.

Medication name: \_\_\_\_\_

Prescribing doctor: \_\_\_\_\_

What does it do? / What is it for? \_\_\_\_\_

How many times per day do I take it? \_\_\_\_\_

What not to take with it? \_\_\_\_\_

Medication name: \_\_\_\_\_

Prescribing doctor: \_\_\_\_\_

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# Weekly Planner for \_\_\_/\_\_\_ - \_\_\_/\_\_\_

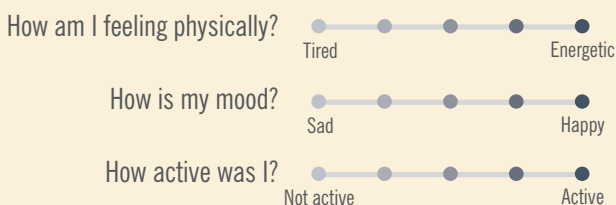
Use the guide below to keep track of your daily weight. Also be sure to track your energy, mood, and level of activity—these are important too.

## Important events/appointments this week:

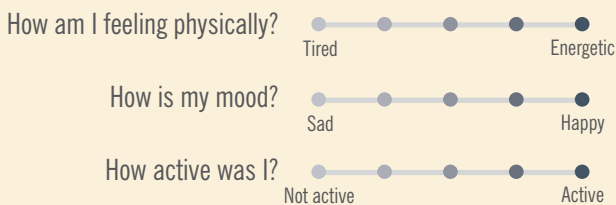
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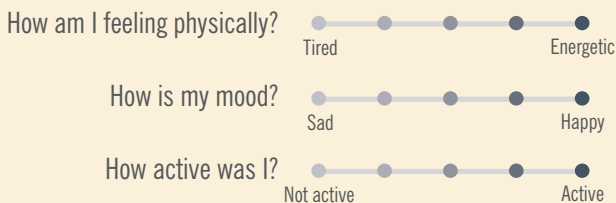
### Sunday, \_\_\_/\_\_\_ Current weight: \_\_\_



### Monday, \_\_\_/\_\_\_ Current weight: \_\_\_



### Tuesday, \_\_\_/\_\_\_ Current weight: \_\_\_



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Wednesday, \_\_\_ / \_\_\_ Current weight: \_\_\_

How am I feeling physically?



How is my mood?



How active was I?



Thursday, \_\_\_ / \_\_\_ Current weight: \_\_\_

How am I feeling physically?



How is my mood?



How active was I?



Friday, \_\_\_ / \_\_\_ Current weight: \_\_\_

How am I feeling physically?



How is my mood?



How active was I?



Saturday, \_\_\_ / \_\_\_ Current weight: \_\_\_

How am I feeling physically?



How is my mood?



How active was I?



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# Weekly Planner for \_\_\_/\_\_\_ - \_\_\_/\_\_\_

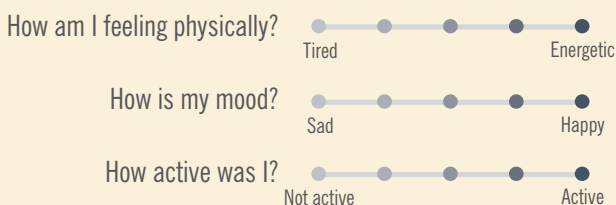
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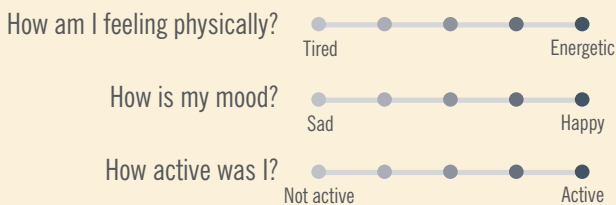
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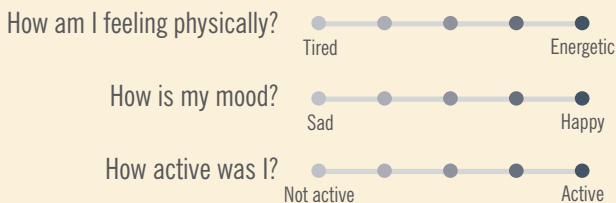
### Sunday, \_\_\_/\_\_\_ Current weight: \_\_\_



### Monday, \_\_\_/\_\_\_ Current weight: \_\_\_



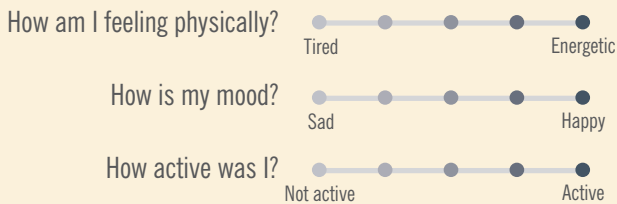
### Tuesday, \_\_\_/\_\_\_ Current weight: \_\_\_



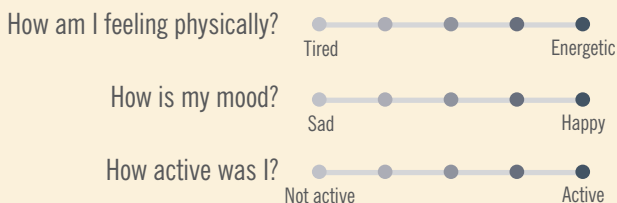
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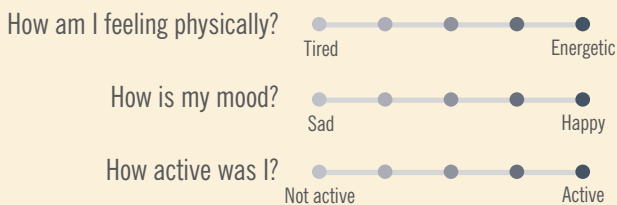
Wednesday, \_\_\_ / \_\_\_ Current weight: \_\_\_



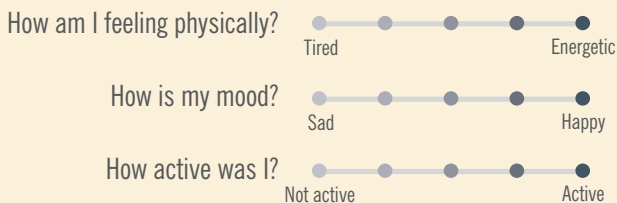
Thursday, \_\_\_ / \_\_\_ Current weight: \_\_\_



Friday, \_\_\_ / \_\_\_ Current weight: \_\_\_



Saturday, \_\_\_ / \_\_\_ Current weight: \_\_\_



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